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MAGAZINE

Inspiration
in the East Valley

TOP DOCTORS

*Meet Dr. Patti Flint & 65+ of the
East Valley's Best Medical Professionals*

Plus

Father's Day
Gift Guide

*Healthy
Grilling Tips*

Summer
Swim Safety



202 MAGAZINE TOP DOCTORS

Everyone needs a good health professional. And these East Valley doctors truly shine. Meet four outstanding physicians whose work and character are truly inspirational. Plus, a directory on great local doctors.



Photos by Phyllis Lane

Meet Patti Flint MD, FACS

Within minutes of chatting, it's immediately apparent how Dr. Flint is truly a rare find in her field. Besides being a woman practicing cosmetic surgery (a statistic she says makes her among only 6% of plastic surgeons in Arizona) she's charming, friendly and beautiful, too. The kind of doctor that makes you feel like you're chatting with a friend.

"It's plastic surgery from a woman's perspective," Flint says. "I understand how bathing suits and bras will fit after an augmentation. I think having that sort of insight and understanding as to how it feels to get a little bit older, I think

in that regard, I better understand what women are going through better than the males in the field."

She's right.

According to the American Society for Aesthetic Plastic Surgery, women accounted for 90% of plastic surgery procedures performed in 2012, with 9.1 million total procedures performed. So it's no surprise women may feel more comfortable chatting about body changes and fears of getting older with another woman.

But the shortage of female physicians who specialize in plastic surgery is no surprise to Dr. Flint. "It's the length of training required," she explains. "The training path is extremely lengthy so women interested in starting a family and things like that, it can be real tough. Balancing 90-100 hours of work a week and trying to get married and start a family is not a great mix."

One of the highest ranking fears among patients is unnatural results; photos of botched Botox jobs and plastic-looking plastic surgery typically comes to mind. But Dr. Flint specializes in achieving natural-looking results, a philosophy she strongly upholds. Her commitment is so strong, in fact, she'll refer patients seeking unnatural results to other physicians. "I've never waived, even when they request something I consider extreme or unnatural, I prefer to send them somewhere else instead," she says. (An example she says rarely happens due to an extensive screening process prior to all appointments to ensure patients are a great mutual fit.)

Dr. Flint has been in practice since 1996 and is board certified by the American Board of Plastic Surgery. She also completed a plastic surgery residency training program by the American Board of Plastic Surgery. Dr. Flint has office locations in both Mesa and Scottsdale.

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